



Family Name:

MOTIVATING QUOTE

“ Never look down on anybody unless you're helping him up. ”

Jesse Jackson

Discuss this quote with your family.
What does this quote mean to you?

The ACTIVITY

Family's 'Got Talent'

Everyone has a talent - what's yours? It could be singing, drawing, telling jokes, acting, dancing, miming, gardening, mechanics or even playing a musical instrument. Together, make a list of everyone's talents and decide which talents you can perform at your Family's 'Got Talent' night. Take a look at the YouTube clips below to give you some ideas taken from the show Got Talent Global. Remember to involve grandparents, aunts, uncles and cousins. Design and send out invitations with the time and date of your talent show. Use costumes, props and music to make your act more interesting. Organise your lounge with chairs at one end and a small space at the other for the performers. Sit back, relax and enjoy everyone's talents. Remember, it doesn't matter if you make a mistake!

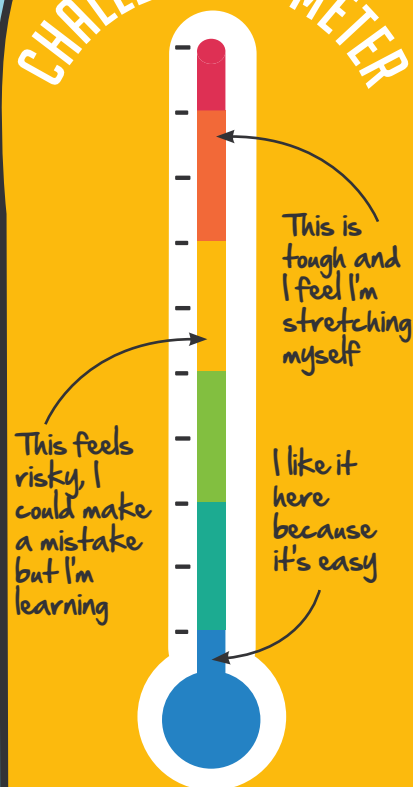
Resources:

Fancy dress

Online: Top Kid Dancers from Across the World

www.youtube.com/watch?v=exisV40UHpY

CHALLENGE-O-METER



CHALLENGE YOURSELF

What can you do to make this activity more challenging?

The Power of YET!

If someone gets stuck and needs some help, say:

"Major setback or major comeback?"



Change your MINDSET

If someone in the family says:

"I'll never be that creative"

encourage them to say:

"I will learn how to do this."



POSITIVELY REINFORCE

Positively reinforce someone in your family by saying:

"Now, great performance. You clearly tried really hard and your extra effort has paid off."

As a family answer the following questions.

What did you enjoy the most?

If you had the opportunity to do this again, what would you do differently?

What help would you need next time?



FABULOUS FEEDBACK

How can you apply what you have learned to other activities?

RATE ACTIVITY

As a family rate this activity out of five stars

Name:



Name:



Name:



Name:



Name:



Name:



Name:

