



Family Name: _____

MOTIVATING QUOTE

“ You're in charge of your mind. You can help it grow by using it in the right way. ”
Professor Carol S. Dweck

Discuss this quote with your family.
What does this quote mean to you?

The ACTIVITY

Make a Model Brain

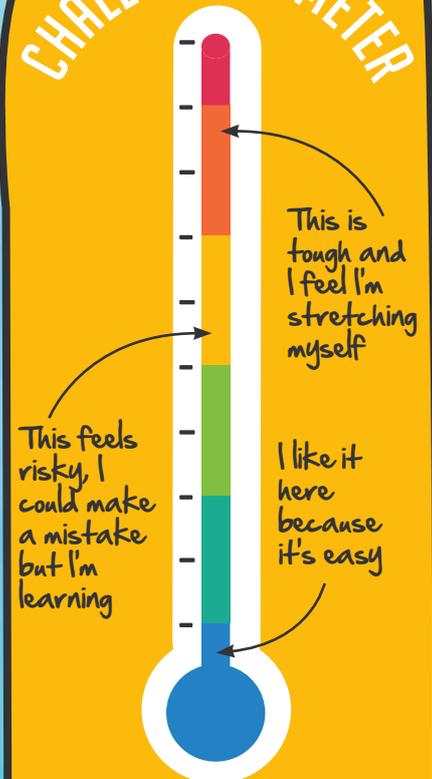
Did you know your brain is faster than any computer on earth? Your amazing brain controls every move you make, telling your muscles when and how to move. It lets you feel emotions, smile and frown and laugh and cry. It allows you to learn new and wonderful things and helps you react to escape any danger. Your brain even keeps working when you're asleep! 24 hours a day, 7 days a week.

Make a model brain out of plasticine. You must include the six main areas of the brain: the frontal lobe, parietal lobe, occipital lobe, temporal lobe, the cerebellum and the brain stem. Challenge yourself even further by researching the function of each of the six parts of the brain.

Resources:

Different coloured plasticine, books, internet, pen, paper

CHALLENGE-O-METER



CHALLENGE YOURSELF

What can you do to make this activity more challenging?

The Power of YET!

If someone gets stuck and needs some help, say:

"Can you think of a different way to find this information?"



Change your MINDSET

If someone in the family says:

"This is no good, I can't get the shape right"

encourage them to say:

"My friend can do it, I will learn from them."



POSITIVELY REINFORCE

Positively reinforce someone in your family by saying:

"Wow, great result. You clearly tried really hard and your extra effort has paid off."

or

"Are you pleased with what you did?"

As a family answer the following questions.

What did you enjoy the most?

If you had the opportunity to do this again, what would you do differently?

What help would you need next time?



FABULOUS FEEDBACK

How can you apply what you have learned to other activities?

RATE ACTIVITY

As a family rate this activity out of five stars

Name:



Name:



Name:



Name:



Name:



Name:



Name:

